

## Appendix 3

### Short Breaks 'Wish List'

The following is a 'Wish List' for improved service delivery that has been suggested by service providers, children, young people and parent-carers who participated in the above consultation sessions.

Service Users and Providers	Wish
Children with Disabilities Team and Family Link Service	<ul style="list-style-type: none"> <li>• Higher profile of disability, specialist services and training opportunities across Southwark.</li> <li>• Informed discussion with Transportation Department re: transporting CYP to out of borough provision (i.e. Charlie Chaplin which is just over the border with Lambeth).</li> <li>• Investigate more after school provision including Child Minders to support working parents; consider sites where parallel activities can take place for siblings to reduce travel times and cost for after school pick up.</li> <li>• Designated Brokerage Worker attached to the service who understands the needs of CYP and their families.</li> <li>• In-house staff pool of carers instead of using agency staff.</li> <li>• Include contact details for 'the Team' on the Inter-Agency Social Services referral form.</li> </ul>
Contact a Family	<ul style="list-style-type: none"> <li>• Security of tenure – a longer contract would support on-going program planning and development and staff continuity for families.</li> <li>• More robust advertising of short breaks services including maintaining a regularly published comprehensive (and translated) catalogue of activities (paper copy still required for families who do not access web-based information).</li> <li>• Short Breaks Coordinator Post – someone who can help</li> </ul>

	<p>monitor provision, access criteria, contracts and the referral process; also to provide a brokerage service to ensure that all CYP with additional needs receive/access services.</p> <ul style="list-style-type: none"> <li>• Offer more activities that are inclusive and modified for different ability levels.</li> <li>• More provision for disabled children between 5-8.</li> <li>• Ensure that CYP who attend out of borough schools can still access community resources local to their home.</li> <li>• Offer multi-activities on site wherever possible so that all children in a family can enjoy an activity and parent carers can have a break; wherever possible, coordinated finishing times to facilitate collecting children; additional Crèche facilities to help support parent carers to attend activities, workshops, training, etc. (I.e. Squids offers whole family activities for anyone 11+ so that all needs are catered for).</li> <li>• Improved transition from children's to adult's services.</li> <li>• More family holidays</li> <li>• Offer a different level of family link care to supervise CYP in their home with a view to being able to offer an overnight/weekend break for parents.</li> </ul>
Orient Street	<ul style="list-style-type: none"> <li>• Install a new and updated kitchen, which is DDA compliant/friendly to ensure it's accessible and safe for service users. Can consider additional uses for the kitchen if site is to be contracted out (i.e. for independent living schemes, healthy eating cooking courses for CYP and/or parent carers)</li> <li>• Offer a full day holiday Playscheme during the holidays from Monday – Friday, 9:00 – 6:00 p.m.</li> <li>• Offer respite care during the holidays from Friday – Monday to accommodate a Playscheme program</li> <li>• Consider contracting the building for structured activities when not in use to other professionals and/or service</li> </ul>

	<p>users (i.e. Early Years provision, Occupational Therapists, Supervised Contact)</p> <ul style="list-style-type: none"> <li>• New bath upstairs</li> <li>• One electrical hospital-type bed for the unit</li> <li>• Offer a Saturday club for a small group of young people who can attend once a month to replace an overnight stay.</li> <li>• More mobile sensory equipment and hardwearing equipment such as musical toys that are specifically designed for disabled CYP.</li> <li>• Installation of an overhead track in the soft playroom to help with wheelchairs/hoists.</li> <li>• An improved and more time/resource efficient system for purchasing goods (i.e. using a credit card or direct debit controlled by Site Manager)</li> <li>• Consider having a 'handy man' on site in lieu of contractors, as more time and cost efficient.</li> </ul>
Parent Carer Council	<ul style="list-style-type: none"> <li>• More access to holiday breaks for CYP with disabilities and their families</li> <li>• More inclusive sports clubs/programs for CYP with disabilities – especially swimming.</li> <li>• Sports clubs to clarify what needs can/can't be met by staff; offer a short break for parents (i.e. activity or coffee break) so parents can remain on site for support if needed. Parallel activities for siblings helpful to reduce travel costs, time and stress.</li> <li>• Stronger link between PCC and Southwark Carers to ensure that parent carers of children can also access various schemes and available support.</li> <li>• More 1 to 1 support to be made available.</li> <li>• Council to meet with Fusion/'Disability Champion' and review access to services and the need for specialized services to meet local need.</li> </ul>

- More scheduled sessions for disabled children; currently places are very limited at some provisions (i.e. Peckham Soft Play Area, Swimming).
- Upgraded search function/database on Southwark website to find appropriate services.
- Poster campaign across Southwark about disability awareness and available services.
- More flexibility with Direct Payments.
- Parental participation in the strategic planning of service design and delivery.
- Workshops offered to explain topical issues, i.e. Direct Payments, Taxi Card, Short Breaks and local services for disabled CYP and their families, applying for funding.
- For CYP who attend out of borough schools, they need to be able to access local and community resources to develop a social network near to their home.
- Carefully planned and implemented transitions into Adult Services and between provisions including keyworker/support worker transitions; this process ideally begins before the end of one provision and before/during the start of the new provision.
- Investigate ID Bracelets/tracking devices for CYP who often go missing or run away to ensure that they can be returned home safely.
- Adventure Playground to offer regularly scheduled sessions for disabled CYP, including some sessions where siblings can also attend.
- For Southwark Council to investigate and promote what opportunities there will be at Burgess Park for all CYP.
- Playscheme programs are needed during the October/February/May half-term holidays.
- Provide a sufficient level of short breaks funding in order to ensure continuous and much needed service delivery!
- ADD/ADHD CYP to be supported to be included in after

	<p>school clubs and activities.</p>
Peckham Park	<ul style="list-style-type: none"> <li>• Transition plans for 18+ young people to be implemented and planned in a staged approach over time including carer transitions.</li> <li>• Ensure staff consistency wherever possible</li> <li>• Ensure that the new site is appropriately health and safety checks in order to safeguard this group of vulnerable CYP.</li> <li>• Review contractual arrangements for those carers who transfer to the new site. Consistency is important for these CYP and staff would like to move with their clients, if possible while maintaining similar terms and conditions.</li> </ul>
Playscheme and After School Service	<ul style="list-style-type: none"> <li>• More competitive wages to ensure high quality staff.</li> <li>• Re-assess the 1 to 1 provision – is it necessary for all CYP designated this support?</li> <li>• All staff should be paid for training/induction days</li> <li>• More robust training and induction program needed; tailor made program for experienced staff who have attended various training sessions previously.</li> <li>• Part-time or full-time substantive post to ensure consistent program coordination and benefit from learning over time. Administrative support required for this role.</li> <li>• Placements should be funded based on need instead of places allocated according to available budget; alternatively may need to consider reducing service entitlement in order to accommodate all CYP who would like to receive a service (i.e. offer 8 days to a client instead of 16).</li> </ul>
Resources for Autism	<ul style="list-style-type: none"> <li>• Ensure all places at Monday Club are utilized to maximize provision; offer more weekly sessions if possible.</li> <li>• Include swimming wherever possible!</li> <li>• Consider splitting groups by ability to ensure that CYP access activities that are appropriate for their ability.</li> </ul>

Roger Weissman	<ul style="list-style-type: none"> <li>• Return of overnight short breaks and short break 'camps' to provide CYP an opportunity to visit outside of London to access a range of outdoor activities and opportunities to learn independent skills. (I.e. trip to Cornwall, boat trip, city breaks within the UK, trip to an amusement park)</li> </ul>
Salmon Youth Center	<ul style="list-style-type: none"> <li>• Disability Manager to oversee all programs at the center for CYP with additional need, market programs and provide outreach for target groups.</li> <li>• Offer 19+ workshops around life skills, AQA certificates and supporting transition from college into adulthood.</li> <li>• Additional staff to offer expanded programs</li> <li>• Improved transport program to help CYP access the center (i.e. volunteers to bring a group from school either walking or on public transport; supporting CYP from a particular area/estate to travel together). This also frees up the mini-bus for those who are unable to travel independently.</li> <li>• Consider the use of taxi cards or Dial-A-Ride to provide group transport to/from the center to increase access.</li> <li>• Only staff/carers/volunteers who are CRB checked by Salmon can accompany young people on residential trips, which limits access – can this be managed differently?</li> <li>• Enhanced staff training to better support young people with more complex needs.</li> </ul>